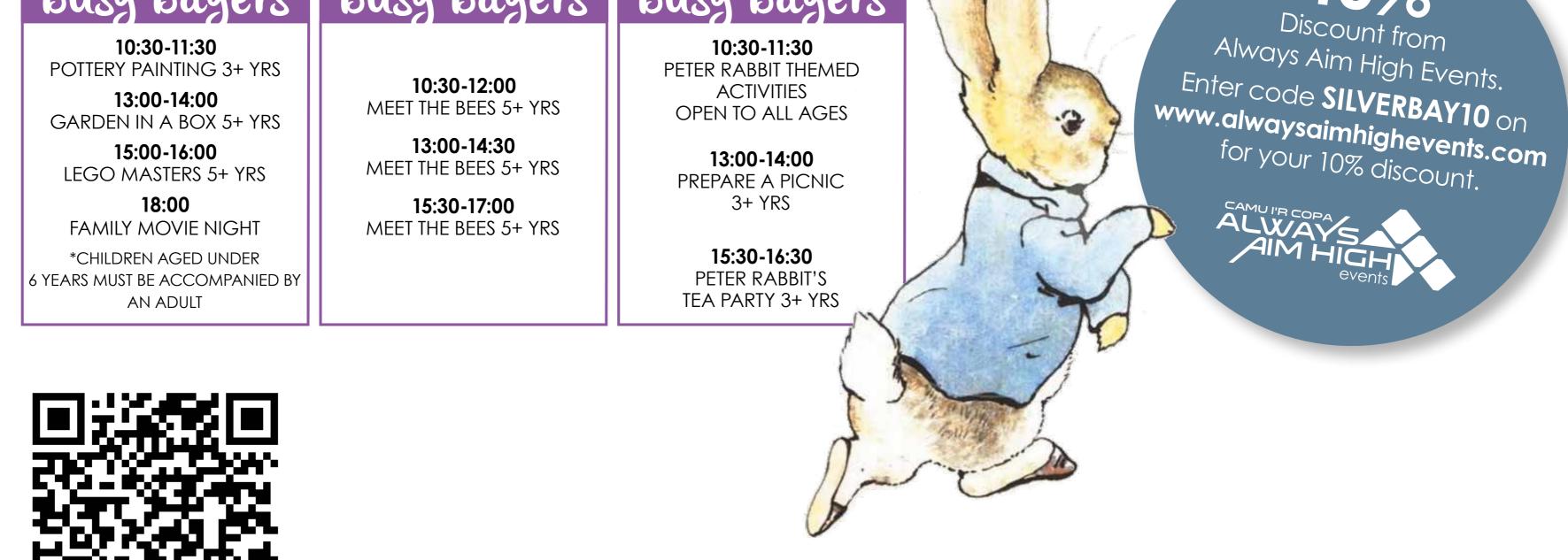


## www.silverbay.co.uk

## Activities - Half term Holidays 25th May to 2nd June.

SATURDAY 25TH MAY		SUNDAY 26TH MAY		MONDAY 27TH MAY		TUESDAY 28TH MAY	
Pool		Pool		Pool		Pool	
<b>9:30–10:30</b> ADULT ONLY SWIM		<b>9:30–10:30</b> ADULT ONLY SWIM		<b>9:30–10:30</b> ADULT ONLY SWIM		<b>9:30–10:30</b> ADULT ONLY SWIM	
Studio & Gym		Studio & Gym		Studio & Gym			Studio & Gym
09:30-10:30 GAME ZONE 7-11 YRS 10:30-11:15 SPINNING 14+ YRS 15:00-16:00 GYM ZONE 12-16 YRS		09:30-10:30 GAME ZONE 7-11 YRS 10:30-11:00 PARENT & TODDLER BALLET WITH JODIE (SPA STUDIO) UP TO 3 YRS 11:15-12:00 MELODY MOVERS WITH JODIE (SPA STUDIO)		09:30-10:30 GAME ZONE 7-11 YRS 15:00-16:00 GYM ZONE 12-16 YRS 17:45-18:15 SPINNING 14+ YRS		09:30-10:30 GAME ZONE 7-11 YRS 10:30-11:00 PARENT & TODDLER BALLET WITH JODIE UP TO 3 YRS 11:15-12:00 MELODY MOVERS WITH JODIE 4-8 YRS 15:00-16:00 GYM ZONE 12-16 YRS 18:00-18:45 PILATES14+ YRS 18:45-19:30 PILATES14+ YRS	
Busy Bayers 10:30-11:30 In THE GARDEN CRAFTS OPEN TO ALL AGES 13:00-14:00 MICRO PUZZLES 6+ YRS 15:00-16:00 WILDLIFE WINDCHIMES 3+ YRS				Outdoor Activities 10:00 B-ACTIVE FAMILY GUIDED WALK: HISTORY AND LOCAL INTEREST Busy Bayers			
		4-8 YRS <b>15:00-16:0</b> GYM ZONE 12-	0	10 MESSY PLAY 13 MAKE A M 15 LEGO M FAMILY *CHILDREN AGE	:30-11:30 OPEN TO ALL AGES :00-14:00 VORMARY 3+ YRS :00-16:00 ASTERS 5+ YRS 18:00 MOVIE NIGHT D UNDER 6 YEARS MUST BE ANIED BY AN ADULT		Busy Bayers 10:30-12:00 COOKING SKILLS 8+ YRS 13:00-14:00 HEALTHY TREATS 3+ YRS 15:00-16:00 HEALTHY TREATS 3+ YRS
WEDNESDAY 29TH MAY THU		RSDAY 30TH MAY FRIDAY 3		31ST MAY	SATURDAY 1ST JU		SUNDAY 2ND JUNE
Pool		Pool	Pool		Pool		Pool
<b>9:30–10:30</b> ADULT ONLY SWIM	ŀ	<b>9:30–10:30</b> Adult only swim	<b>9:30–10:30</b> ADULT ONLY SWIM		<b>9:30–10:30</b> ADULT ONLY SWIM		<b>9:30–10:30</b> ADULT ONLY SWIM
Studio & Gym	Studio & Gym		Studio & Gym		Studio & Gym		Studio & Gym
<b>09:30-10:30</b> GAME ZONE 7-11 YRS <b>15:00-16:00</b> GYM ZONE 12-16 YRS <b>17:45:18:15</b> FITNESS CLASS 14+ YRS	09:30-10:30 GAME ZONE 7-11 YRS 15:00-16:00 GYM ZONE 12-16 YRS 17:45-18:45 CONDITIONING 14 + YRS 18:45-19:15 AQUA TONE 14+ YRS		09:30-10:30 GAME ZONE 7-11 YRS 11:00-12:00 YOGA 14+ YRS 15:00-16:00 GYM ZONE 12-16 YRS 17:45-18:15 KETTLEBELLS 14+ YRS		09:30-10:30 GAME ZONE 7-11 YRS 10:30-11:15 SPINNING 14+ YRS 15:00-16:00 GYM ZONE 12-16 YRS		<section-header><text><text><text></text></text></text></section-header>
Outdoor Activities	Outdoor Activities		Outdoor Activities		Busy Bayers		
10:00-12:30 Family Kayaking 10+ yrs 13:00-15:30 Family Kayaking 10+ yrs 13:00-14:00 Soccer School 6+ yrs	<b>13:00-14:00</b> Family archery 6+ yrs		10:00-12:30 FAMILY COASTEERING 10+ YRS 13:00-15:30 FAMILY COASTEERING 10+ YRS 13:00-14:00 FAMILY FOOTBALL 6+ YRS		10:30-11:30 IN THE GARDEN SAND ART 3+ YRS 13:00-14:00 BUBBLE TIME OPEN TO ALL AGES 15:00-16:00 INSECT ROCKS 3+ YRS		
Busy Bayers	ayers Busy Bayers		Busy Bayers		$(\gamma)$		<b>10%</b>



May Half term sees the return of our most popular activities. Just scan the bookwhen QR code or visit online www.bookwhen.com/bayactivities